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| Name: mrs. sujatha | Reg No: 1-3SMMHC18 |
| Age / Sex:51/f | Contact No: 9342601567 |
| Marital Status:ml-30 years | Date:3/3/18 |
| Occupation: housewife. Studied till 10th. | Dr. PJFP |
| Address: native – donekal  IN BLORE SINCE 15 YEARS.  W/O: LECT IN SCHOOL OF MINDS. CIVIL SUBJECT. HE IS A CIVIL ENGG. | DIAGNOSIS- |

1. SNEEZING 20-30 CONT FROM CHILDHOOD TILL TAKES SOME TABLET. IF TAKES CLOTHES UNOPENED CLOTHES WILL GET. IF CLEANS DUST AND ALL WILL GET. USE TO TAKE SOME TRIOMONAC TABBEFORE MARRIAGE BUT NOW CETRIZINE. AFTER MARRIAGE FELT BETTER BUT STILL THER./

<PERFUMES, UNOPENED FOLDED CLOTHES, PUNGENT ODORS, IF OPENS NEWSPAPER ALSO FR THT NEW PRINT SMELL ALSO GETS. SAME PAPER IF READS IN THE EVENING THEN ALSO GETS SNEEZING. BEDSHEETS OLD WAHSED BUT FOLDED AND PUT INSIDE FR A VERY LONG TIME THEY ALSO GIVE HER SNEEZINGS, **TEA IF DRINKS CONT FR 4-5 DAYS WILL GET THEN ALSO.**

* REST AND TABLETS. **AT THAT TIME FEELS LIKE EATING**. COFFEE MUST EAT OR DRINK SMTHNG. FEELS LIKE EATING. SWEET OR MIXTURE .
* HAVING **THYROID DYSFUNCTION** FROM 10 YEARS. GOT DIAGNOSED WHEN SHE WENT TO SOME VILLAGE FOR RELIGIOUS FESTIVAL **FACE** GOT **COMPLETELY PUFFY**. THAT WAS THE TIME EVEN WHEN THE **CHIKUN GUNYA** WAS HIGH IN THAT PLACE SHE GOT THT AT THAT TIME.. NOW ON 75 MG. LEAVE IT ONCE IN A WEEK IS WHAT THE ALLOPATHS SAID.
* MENOPAUSE - 42 YEARS.
* KEEPS GETTING CHECKED UP FULL BODY FREQUENTLY IN ST.JOHNS. FEAR SHE MAY HAVE SOME TROBULE IN HER BODY. ALL NORMAL BUT.

THIS FEAR CAME AS HER MOM GOT OBESE AND COULDN’T TAKE CARE OF HERSELF. SINCE THEN SHE ALSO TAKES CARE. MOTHER ALSO HAS THYROID DYSFUNCTION. AND ANGIOPLASTY DONE.

FATHER – BP DIED DUE TO SOME CLOT IN BRAIN, WAS CHRONIC SMOKER AND STOPPED IN 1992 AFTER HIS GRANDSON WAS BORN.

* EARLY MORNING , COLD AIR ALSO BRINGS COLD.
* FAN DEPENDS ON WEATHER.
* CURD ALSO AFFECTS HER. WIL PREFER MILK.

RX:

1. AMM CARB 30 – 1 DRAM PILLS 4-4-4-4.
2. SABADILLA 30 - 1 DRM PILL S 4-4-4-4.
3. 15 – 1 NT B/FOOD.

17/3/18: THIS TIME DIDN’T GET RUNNING NOSE. EVEN DUSTED THE HOUSE ONCE FELT OK. PALOR PRESENT. BP: 100/70 MMHG. ABLE TO SLEEP WELL. BLACKISH MARKS AFTER SCRATCHING ON LEGS ONLY. LEFT ARM NUMBNESS FROM 2-3 MONTHS.LEFT DORSUM OF FOOT FEELS LIKE PAIN SMWHERE INSIDE. FEAR OF CA.

RX:

1. REPEAT SAME.
2. FERR PHOS 12X. 4-0-4.

7/4/18: sneezing on and off. Didn’t take other med. Left foot pain. earlier had to tke allo fr sneezing. Small lump nodule on th right dorsum of ankle joint towards lateral. Pain on touch.

Rx:

1. Carcinosin 1m – 1 dose – tomorrow.
2. Lachesis 200 – 2 doses – 1 dose mng b/food
3. Nat mur 6x 4-4-4-4
4. Amm carb 30 – 1 dram pills 2 pills sos with water.